

Nutrition Facts

6 servings per container

Serving size

1

Amount Per Serving

Calories

140

% Daily Value*

Total Fat 11g **14%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 75mg **25%**

Sodium 160mg **7%**

Total Carbohydrate 4g **1%**

Dietary Fiber 3g **11%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 4g **8%**

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.